



In our **WUU Covenant**, we make eight promises. Two of them underlie our Pastoral Care Program:

- ◆ To respect ourselves and the inherent dignity of all human beings. . .
- ◆ To care for each other.

If you could talk with someone . . .

- ◆ Who listens all the way through . . .
- ◆ Who respects you, cares about you, and values what you confide . . .
- ◆ Who supports you in finding your own answers . . .

would it help?

You can request pastoral care by calling the WUU office at 757-220-6830 and asking for the minister.

You may also contact Rev. Dave Johnson directly at: revdaj@aol.com or 269-330-8495.



## Williamsburg Unitarian Universalists

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# Williamsburg Unitarian Universalists



## Pastoral Care

# Pastoral Care at WUU

Most of us face challenges

Some are stimulating; others are manageable. But some can be overwhelming. Death, loss of a job or a marriage, illness or disability, caregiver responsibilities, addiction, depression—any of these circumstances and many others can shock us, drain our resources, leave us feeling alone.

*"How are you?"*

Confused; Betrayed  
Useless  
Broken  
Never good Enough  
Fragile; Anxious  
*I'm falling apart and you don't notice it*  
Pathetic; Annoying  
Lonely  
Rejected  
Defeated

At WUU, we're committed to caring . . .

for each other and for strangers at our door. This commitment underlies our Pastoral Care Program. We listen attentively and provide trustworthy support as you work through transitions and challenges.

Rev. Dave Johnson, our interim **minister**, leads our Pastoral Care Program. He provides pastoral care and also calls on the Caring Ministry and the Lay Pastoral Care Associates to offer care.

**Lay Pastoral Care Associates** offer a listening presence when people confront a sudden crisis or an ongoing challenge. Associates are volunteers from the congregation who are trained and commissioned by the minister. They also participate in monthly training and coordination meetings. Some have served as counselors. Some have cared for the dying or disabled. Still others have worked with children and youth. All are compassionate and discrete.

The **Caring Ministry** generally offers short-term, practical help—phone calls, cards, delivery of a meal or two, occasional visits, help with a household problem or chore. It relies on volunteers who meet several times a year to coordinate their efforts and learn about resources in the Williamsburg area.



Our Pastoral Care Program does not offer professional expertise—e.g., psychological, legal, medical, or financial services or advice. We may be able to make referrals or offer suggestions about where to find experts.