

## Call to Worship

This spring, three families and I, embarked on the Evensong for Families class. This class brought adults and children together to learn for eight weeks. One of the favorite activities, adults and children alike, was the bean bag toss. I would start it by tossing one bean bag to another person and we would toss it to one another calling out the name of the person you were throwing to. As the game went on, I would add a second and sometimes even a third bean bag. This game required that you pay attention, know the name of the person you were throwing too and you can't be too concerned about looking foolish. There was so much laughter during the game. Sometimes we played the game and then sat and talked, sometimes it was a fun closing activity. Yet for all of us, it was a way to connect across the ages.

Often our spiritual lives are rather somber affairs. We try to be quiet, we listen to quiet music, we seek to quiet our minds, we seek solitude and silence. There is much to be valued in these practices. Yet is that the only way to find the sacred? Is the sacred never found in the loud and raucous? Is the sacred never found in being silly? I hope not!

Today we will look at play as a spiritual practice. How might we find the divine, the sacred, ultimate meaning, by playing? Come let us worship together.