



Williamsburg Unitarian Universalists

A Welcoming, Worshiping, Witnessing Community

The Spiral

June 13, 2013

This Sunday at WUU: June 16, 2013

10:00 am

Rev. Jennifer Ryu

"The L Word: A Revolution of Fatherhood"

First-time fathers have often said they didn't know what love was until they held their child. Today we celebrate that love with stories and music from fathers in our community.

Faith Development Program for Children

"Eco-Connect." meets in Fahs House at 10am

Unitarian Universalist History: Our American Roots

11:30 am, Fahs House

Taught by Rev. Jennifer Ryu, this 2-hour class will introduce newcomers to our beginnings on American soil. We will trace the Unitarian and Universalist strands of our faith up to our 1961 consolidation.

Exploring Prayer: A Mini Workshop

This Saturday, June 15, 9am, Fahs House

Exploring Prayer: A Mini Workshop

Deep within all of us there is a yearning to touch the sacred and be touched by it. Whether we call the sacred "God," "great Spirit," "divine presence," "mindfulness," "enlightenment," etc., we need ways to connect to this reality -and many do this through prayer.

This workshop is for those thinking about ways to pray as well as for those looking to move deeper into prayer. During it we will share pre-prayer activities as well as a variety of ways to pray. Come join us on Saturday June 15, 9:00-11:30 at Fahs House.

This Weekend and the Coming Week [Click for entire WUU Calendar](#)

Thursday, June 13

- 10:00 am, The Odyssey Trip to Lewis Ginter Botanical Gardens, Meet at Fahs House

Saturday, June 15

- 9:00 am, Exploring Prayer: A Mini-Workshop, Fahs House

Sunday, June 16

- 10:00 am, Worship, Sanctuary
- 10:00 am, Eco-Connect Kids, Fahs House
- 4:00 pm, UURhythmics Rehearsal, Sanctuary

Monday, June 17

- 10:00 am, Creative Arts Group, Fahs House
- 7:00 pm, Compassion Deep Study, Fahs House
- 7:00 pm, Buddhist Meditation, Sanctuary
- 7:00 pm, West Virginia Mission Trip Planning Meeting, Parker House

Tuesday, June 18

- 7:00 pm, QuiGong Practice, Narthex

Wednesday, June 19

- 5:00 pm, Sanctuary Aesthetics Team Meeting, Sanctuary
- 6:00 pm, Finance Committee Meeting, Fahs House

Next Sunday: June 23, 2013

10:00am

Dr. Vince Patton (Master Chief Petty Officer, USCG, Ret.)

"Serving Humanity"

Unitarian Universalists have made significant contributions of serving humanity throughout our country's history. Our Seven Principles are more than words, they represent a validation of our faith's strong core values and support for humankind. Today's sermon illuminates many of those examples.

Faith Development Program for Children
"Eco-Connect" meets in Fahs House at 10am.

Lifespan Faith Development

Eco-Connect for Kids

Opportunity for Adults to connect with our Youth

Do you like working with children? Do you like to share your knowledge? In order for our Eco-Connect program to be fun and successful we like to have four adult volunteers for each Sunday (now through Sept 1). If you are interested in volunteering or would like more information please contact Susan Walkley at susanwalkley-at-gmail.com.

Teacher Recruitment

It's time to start planning for children and youth programs. If you would like to join the teaching teams please contact the minister at jennifer-at-wuu.org

Steps of the Soul's Journey: Living Soulfully in the 21st Century

7pm Fahs House, Begins July 26 for 8 sessions

Facilitated by Adam Gieseler

Isn't there a way to live soulfully? To live in harmony with nature instead of acting as if at war? To live a life of meaning instead of for a banal career? Share your story, and your own hopes, in this seminar-style discussion of what it means to be mature in this modern age, guided by Bill Plotkin's [Nature and the Human Soul](#). Meets on Fridays beginning July 26 for 8 sessions. \$18 book fee.

Only room for 12 participants, to sign up contact Ellyn in the office office-at-wuu.org or 220-6830 or sign up [here](#)

WUU Yard Sale Follow-Up

To all the WUU Yard Sale volunteers and donors:

To each and every one of you who either volunteered during the Yard Sale or donated items for resale, I thank-you very, very much. Without the donations we wouldn't have had a yard sale.

Without the volunteers to sort, price, and organize the donations we would not have had a yard sale. Without those who committed their time and efforts to the actual sale dates (during Tropical Storm Andrea, no less) we would not have had a successful fund-raiser. We raised \$5,400 (before expenses) for the church. My appreciation to all of you is heart-felt. Thank-you, thank-you all. And, remember to save the first Saturday of June 2014 for our NEXT WUU Yard Sale!

Ruth Hopkinson
WUU Yard Sale Chair

Social Justice News

FISH Needs for June

The volunteers at FISH tell us they are always running out of Pork and Beans. Pick up a few cans on your next shopping day and leave them in the Lil Red Wagon by the Narthex entrance.

WV Mission Trip:

Join the WUU West Virginia Mission Trip!

We only have 5 more spaces available for people to join us for the WUU Mission Trip to the Appalachian South Folklife Center in Pipestem, WV from August 4 - 10, 2013. Our team members; Jonathon, Nathan & Caleb Arries, Autumn Elim-Durden, Debbie Haynes, Paul Luchsinger, Jessica O'Brien, Jennifer Ryu, Les Solomon, and David Wilcox; would love to have you to come with us on this adventure to WV. If you would like to join us on the trip or learn more about it, please contact Dave Wilcox at sjchair@wuu.org.

- Who?
 - We have room for 15 people. This is an all congregation trip and is a great opportunity for families with youth 13 and older to do service work together. We have room for 15 people.
- What?
 - Work projects will be chosen based on our skill levels, local needs, our expectations and the weather. Possible projects include home repair, painting, maintenance, yard work, cleaning, etc. We will work for six hours each day. We will also be learning about Appalachian culture and history as well as the impacts of mining in the area. Optional activities such as rafting and state park visits will be discussed.
- When?
 - Sunday August 4 to Saturday August 10, 2013

Click [Here](#) for the mission trip brochure.

Green Sanctuary News

Adopt-a-Highway cleanup next weekend!

Our second **Green Sanctuary** cleanup of Ironbound Road for 2013 is planned for **Saturday, June 22**, 10 AM (weather permitting, as always). Come join our crew to enjoy the fresh air and company. We do need **pre-registration**, so please email rbaldwin-at-widomaker.com.

Plastics

Will you help our faithful volunteers by taking your plastics to a nearby JCC Convenience (Recycling) Center this summer? Vacations and summer activities mean travel for lots of WUUs. It's getting harder to find volunteers to transport the plastics collected on the Fahs patio to a JCC Recycling Center. You may still bring #5's to WUU.

Help is needed for the weeks of July 14, 21 and every week in August. (Please sign up at the Social Justice Table in the Narthex or contact gsc@wuu.org.)

Caring Committee News

We've had a request for temporary use of an iPad for an ailing member. If anyone has one that they are currently not using and would be willing to loan, please contact Michelle at caringchair@wuu.org

One our members who lives in New Town would like to connect more with WUU, but is in need of rides to/from Sunday morning services and Monday night meditation group. If you're able to offer a ride to either, please contact Lisa at lisa@kavitz.com (preferred) or (757) 784-0952.

Please contact the Caring Committee at caringchair@wuu.org if you know of a member of the Congregation in need of support, or if you are in need of support.

Other News

Sanctuary Flowers

Mary Turnbull, our flower provider extraordinaire, is taking the summer off. This is an opportunity for you to celebrate an occasion or milestone, remember a loved one, or show someone how much they are appreciated. Consider making arrangements to provide flowers for a Sunday service, or make a donation to the flower fund and we will make the arrangements. Contact Ellyn in the office, office-at-wuu.org or 220-6830.

Future Events

June & July

- June 15: Exploring Prayer Mini Workshop, 9:00am, Fahs House
- June 16: Unitarian Universalists History, 11:30am, Fahs House
- June 25: Board Meeting, 7:30pm, Fahs House
- June 30: Cafe Conversation (General Assembly Report), 11:30am, Sanctuary
- July 4: Independence Day, Office Closed
- July 19: 3rd Friday Potluck and Fundraiser, Sponsored by Joelle Griffin Russell
- July 26: West Virginia Mission Trip Potluck, 6:00pm, Sanctuary
- July 26: Steps to the Soul's Journey Class, 7:00pm, Fahs House

Williamsburg Unitarian Universalists

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