



Williamsburg Unitarian Universalists

A Welcoming, Worshiping, Witnessing Community

The Spiral

June 27, 2013

This Sunday at WUU: June 30, 2013

10:00 am

Rev. Jennifer Ryu

"Handle with Care"

This morning we honor the people who provide lay pastoral care & caring ministry support. We will also explore why it's so hard to ask others for help. Where did we get the idea that we had to do it all by ourselves?

Faith Development Program for Children:
Eco-Connect meets in Fahs House at 10am
"Honoring the Sun"

Stay after the service for a Cafe Conversation with reports from your General Assembly delegates

This Weekend and the Coming Week [Click for entire WUU Calendar](#)

Friday, June 28

- 5:30 pm, Campus Walk Around, Meet in Sanctuary

Sunday, June 30

- 9:00 am, Campus Walk Around, Meet in Sanctuary
- 10:00 am, Worship, Sanctuary
- 10:00 am, Eco-Connect Kids, Fahs House
- 11:15 am, Cafe Conversation, GA Report, Sanctuary

Monday, July 1

- 10:00 am, Creative Arts Group, Fahs House
- 7:00 pm, Buddhist Meditation, Sanctuary

Tuesday, July 2

- 7:00 pm, QuiGong Practice, Narthex

Thursday, July 4

- Independence Day, Office Closed

Next Sunday: July 7, 2013

10:00 am
Rev. Jennifer Ryu
Building Our Future

Faith Development Program for Children:
"Eco-Connect." meets in Fahs House at 10am.

Share the Plate

Williamsburg Area Meals on Wheels will receive the Share the Plate donation on July 7. WAMOW provides home-delivered professionally-prepared nutrition as well as smiles, social interaction and a daily routine to over 100 local people in need.

Building Our Future-Step By Step

Building Our Future Checklist:

- ✓ Read the second Building Our Future Newsletter, emailed on Tuesday, June 25.
- ✓ Checkout the BOF Bulletin Board in the Sanctuary Foyer.
- ✓ Join me on Friday at 5:30 PM or at 9:00 AM on Sunday. We will walk around our campus so we can decide upon priorities for our current facilities and grounds for the new year. All are welcome and your feedback is very important!

Les Solomon wuu.bof@gmail.com
Chair, Building Our Future Step By Step

Social Justice News

FISH Needs for June

The volunteers at FISH tell us they are always running out of Pork and Beans. Pick up a few cans on your next shopping day and leave them in the Lil Red Wagon by the Narthex entrance.

WV Mission Trip:

Join the WUU West Virginia Mission Trip! (**Deadline is this next Monday, July 1!**)

We only have a few more spaces available for people to join us for the WUU Mission Trip to the Appalachian South Folklife Center in Pipestem, WV from August 4 - 10, 2013. Our team members; Jonathan, Nathan & Caleb Arries, Autumn Elim-Durden, Debbie Haynes, Paul Luchsinger, Jessica O'Brien, Jennifer Ryu, Lou Seyler, Les Solomon, David Wilcox, and Miranda & Kaliska Wiley; would love to have you to come with us on this adventure to WV. We would especially like to invite our youth and will do everything we can to make sure that cost is not an obstacle. If you would like to join us on the trip or learn more about it, please contact Dave Wilcox at sjchair@wuu.org **before next Monday, July 1!**

- Who? We have room for 15 people. This is an all congregation trip and is a great opportunity for families with youth 13 and older to do service work together.
- What? Work projects will be chosen based on our skill levels, local needs, our expectations and the weather. Possible projects include home repair, painting, maintenance, yard work, cleaning, etc. We will work for six hours each day. We will also be learning about Appalachian culture and history as well as the impacts of mining in the area. Optional activities such as rafting and state park visits will be discussed.
- When? Sunday August 4 to Saturday August 10, 2013

There's more information on the web: wuu.org/trip

Lifespan Faith Development

Eco-Connect for Kids
Opportunity for Adults to connect with our Youth

Do you like working with children? Do you like to share your knowledge? In order for our Eco-Connect program to be fun and successful we like to have four adult volunteers for each Sunday (now through Sept 1). If you are interested in volunteering or would like more information please contact Susan Walkley at susanwalkley-at-gmail.com.

Steps of the Soul's Journey: Living Soulfully in the 21st Century

7pm Fahs House, Begins July 26 for 8 sessions

Facilitated by Adam Gieseler

Isn't there a way to live soulfully? To live in harmony with nature instead of acting as if at war? To live a life of meaning instead of for a banal career? Share your story, and your own hopes, in this seminar-style discussion of what it means to be mature in this modern age, guided by Bill Plotkin's Nature and the Human Soul. Meets on Fridays beginning July 26 for 8 sessions. \$18 book fee. Only room for 12 participants, to sign up contact Ellyn in the office office@wuu.org or 220-6830 or sign up [here](#)

Green Sanctuary News

Plastics

Will you help our faithful volunteers by taking your plastics to a nearby JCC Convenience (Recycling) Center this summer? Vacations and summer activities mean travel for lots of WUUs. It's getting harder to find volunteers to transport the plastics collected on the Fahs patio to a JCC Recycling Center. You may still bring #5's to WUU.

Help is needed for the weeks of July 14, 21 and every week in August. (Please sign up at the Social Justice Table in the Narthex or contact gsc@wuu.org.)

Caring Committee News

One our members who lives in New Town would like to connect more with WUU, but is in need of rides to/from Sunday morning services and Monday night meditation group. If you're able to offer a ride to either, please contact Lisa at lisa@kavitz.com (preferred) or (757) 784-0952.

Please contact the Caring Committee at caringchair@wuu.org if you know of a member of the Congregation in need of support, or if you are in need of support.

Other News

Interim LFD looking for a used car to use during her 2-year stay with us...

From Lizzie: "As I like to cycle and Williamsburg is a relatively small place, I hope not to need a car very much. However, I will need one for those days of pouring rain, grocery trips and a little further than I can comfortably cycle trips. I am looking for a small car, 2 or 4 doors, good gas mileage, and reliability. I need it to start every time I want to drive it and not need expensive maintenance any time soon. However, other than that I am not very fussy, I can drive a manual or automatic, my current AC doesn't work so that is not a deal breaker either, and I do not care what it looks like or how old it is. I am hoping to spend less than \$2000 and ideally would like a car that is cheap to insure. If anyone knows of such a vehicle or could offer me assistance in picking a car I would be very grateful, as this will be my first car purchase. Please contact the office@wuu.org

Sanctuary Flowers

Mary Turnbull, our flower provider extraordinaire, is taking the summer off. This is an opportunity for you to celebrate an occasion or milestone, remember a loved one, or show someone how much they are appreciated. Consider making arrangements to provide flowers for a Sunday service, or make a donation to the flower fund and we will make the arrangements. Contact Ellyn in the office, office@wuu.org or 220-6830.

Future Events

June & July

- June 27: Ministry Team "Big Calendar" Meeting, 7:30pm, Fahs House

- June 28: Campus Walk Around, 5:30pm, Meet in Sanctuary
- June 30: Campus Walk Around, 9:00am, Meet in Sanctuary
- June 30: Cafe Conversation (General Assembly Report), 11:15am, Sanctuary
- July 4: Independence Day, Office Closed
- July 19: 3rd Friday Potluck and Fundraiser, Sponsored by Joelle Griffin Russell
- July 26: West Virginia Mission Trip Potluck, 6:00pm, Sanctuary
- July 26: Steps to the Soul's Journey Class, 7:00pm, Fahs House
- July 28: Rainbow Potluck, 11:30am, Fahs House

Williamsburg Unitarian Universalists

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