

Williamsburg Unitarian Universalists

A Welcoming, Worshiping, Witnessing Community

The Spiral July 17, 2014

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This Sunday at WUU: July 20, 2014

10:00 am "Filled with Loving Kindness: The Act of Practicing Compassion" Rev. Sherman Logan

Compassion is a Latin word that literally means 'to bear or feel the suffering of another'. Every time we meet another human being we have an opportunity to practice compassion. What does it means for us to live compassionately?

Guest Musician is Brother Sun!

Children's Program:

10:00 am Our Summer Arts program for children/youth; please bring children directly to Fahs House at 10am

Weekly Calendar

Thursday, July 17

- 10:00 am, Meditation, Sanctuary
- 7:30 pm, Leadership Team Meeting, Fahs House

Sunday, July 20

- 10:00 am, Worship, Sanctuary
- 7:00 pm, Insight Meditation, Sanctuary

Monday, July 21

- 10:00 am, Gayle Henion Creative Arts Group, Fahs House
- 7:00 pm, Buddhist Meditation, Sanctuary

Tuesday, July 22

- 5:30-6:30pm, Tea with the DRE, Fahs House
- 7:00 pm, Board Meeting, Fahs House

Wednesday, July 23

- 11:00 am-Noon, Tea with the DRE, Fahs House
- 5:00 pm, Building Our Future Meeting, Fahs House

Thursday, July 24

• 10:00 am, Meditation, Sanctuary

View the entire WUU Calendar Here

Next Sunday: July 27, 2014

10:00 am "Mending Fences" Rev. Sherman Logan, Summer Minister

At some point in our lives, we all seek forgiveness, however; we often find it hard to forgive each other. How can we begin to move towards reconciliation and restore our relationships?

Children's Program:

10:00 am Our Summer Arts program for children/youth; please bring children directly to Fahs House at 10am

25 Acts of Compassion

Bring your compassion gems for our "procession marking acts of compassion". Our year ends in 6 weeks time. Join us in adding gems to our collection.



Social Justice



Sunday, July 20 Social Justice Update

Please join the leaders of our Social Justice Team in the sanctuary immediately following this Sunday's service to learn about all of our social justice projects and Activities. This will be a great opportunity to learn, ask questions and consider how you can support the variety of social justice activities. Volunteering your time and talents with the Social Justice Team is a wonderful way for you can support the mission of WUU.



FISH (FISH is our local community's food & clothing pantry)

More children are home for summer now and need easy, nourishing foods that they like.



FISH (FISH is our local community's food & clothing pantry)

More children are home for summer now and need easy, nourishing foods that they like. So, cereals are needed and some powdered milk packets in case no fresh milk in the refrigerator for them. Also canned veggies and fruits and cups of fruits are good for the hot months.

Please watch the "sell by" dates labels. Look for the red FISH wagon in the Narthex and fill it up! Thank you for your generosity!



Green Sanctuary

Great news! Starting in July we will have curbside pick-up of plastics of all #s, shapes and sizes, not just the bottle-shaped ones. Even rigid plastics such as stadium cups, flower pots, and toys will be accepted. Every homeowner in James City County, Poquoson, Williamsburg and York County should have received a large wheeled green cart with specific directions about what can and can not be included (e.g.no styrofoam or plastic bags). Please remember to rinse out all food residue. You may include large plastic lids, but not the small plastic bottle tops because they clog up the machinery. This curbside pick-up will occur only every other week so consult the schedule provided with your cart.

The Green Sanctuary Committee is very glad that markets for plastics, paper, cardboard, metal and glass have been developed. We ask that WUU members no longer bring your plastics to the church, but take advantage of your own curbside recycling. Thanks.

Religious Education



Hello From Your DRE

I'm delighted to introduce myself to you as the new settled Director of Religious Education here at WUU. Thank you so much for the warm welcome I've received!

Perhaps you'd like to know a little bit about me. I hail from Akron, Ohio, received my undergraduate degree in English from Marlboro College in Vermont, and my M.A. in Social Justice and Intercultural Communications. I've lived in England, China and Slovakia, and am quite excited to call Virginia home. I moved here with my cat Hildegard, and am excited to visit with family both north and south of Williamsburg. I enjoy visiting national parks and collecting park passport stamps, so I'd be pleased to hear about your favorite places to visit.

Yours In Fellowship, Austen Petersen



Tea With The DRE



Tea time! Set aside some time to come meet Austen Petersen, the new DRE at WUU. Please RSVP to Austen at dlfd@wuu.org by Sunday July 20th. Open to everyone and children are encouraged to attend!

- Tuesday July 22nd from 5:30 to 6:30 PM in Fahs House.
- Wednesday July 23rd from 11:00 to 12:00 PM in Fahs House.

Swing by Fahs House on either of these days during our open "tea time" and come have a chat with Austen.

Caring Committee

Please contact caringchair@wuu.org if you know of a member of the Congregation in need of support, or if you are in need of support.

Building Our Future

Financial Feasibility Study Report Coming Soon!

The Financial Feasibility Study recently conducted by UUA Consultant, Bill Clontz will be available soon. A link will be provided as soon as the report is received. The report will estimate how much we can raise through a capital campaign to build and maintain any new facility and how much we must borrow if the congregation approves, with the vote on September 21, moving forward with expansion of our facilities.

Updated Timeline & Comments from Recent Gatherings Now Available:

A newly updated *BOF Timeline* can be found in this week's *BOF Newsletter*. Also included are comments and considerations regarding programming possibilities for religious education, outreach and fellowship as discussed in the final two of four conversational meetings hosted by **Rev. Jennifer Ryu**. Click here.

Other News



Are You A Chalice Lighter?

Chalice Lighters are members and friends of the Southeast District who pool their contributions into grants awarded to other congregations. Pledge monies are donated mostly in \$15 to \$25 checks. Those individual checks combine to give a significant boost to a member congregation for a growth project. Chalice lighters commit to give a pledge of \$15 or more up to three times a year. For more information or to sign up visit http://www.uuasouthernregion.org/chalicelighters.html or contact the office for enrollment information office @wuu.org or (757) 220-6830

Meditation

If you would like to meditate in a smaller group or can't make the evening sessions, please join us on Thursday mornings at 10 am in the WUU Sanctuary. We use a mix of both silent

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If you would like to meditate in a smaller group or can't make the evening sessions, please join us on Thursday mornings at 10 am in the WUU Sanctuary. We use a mix of both silent and guided meditation, generally in the mindfulness tradition. Ben T-G (and hopefully others) will lead on a regular basis.

WUU Photo Directory

Our Directory is still being worked on and more photos need to be taken. We will post more photography dates as they are confirmed.

To access our current directory visit this link: WUU June 2014 Directory. This directory is password protected; if you don't know or have forgotten the username/password combination please contact the office at 220-6830 or office@wuu.org

Upcoming Events

- July 22: 5:30-6:30pm, Tea with the Director of Religious Education, Fahs House
- July 23: 11:00am-Noon, Tea with the Director of Religious Education, Fahs House
- July 27: 11:30 am, Rainbow Potluck, Fahs House
- August 3-9: West Virginia Mission Trip
- August 9: 3:00 pm, Worship Workshop, Sanctuary
- August 23: Noon-7pm, Hampton Roads PrideFest, Town Point Park-Norfolk



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