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## Williamsburg Unitarian Universalists

A Welcoming, Worshiping, Witnessing Community

**The Spiral September 11, 2014**

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### This Sunday at WUU: September 14, 2014

**10:00 am\* "The Bursting Bush"**

**All-Ages Worship Service**

**\*LAST DAY OF SUMMER SCHEDULE**

**WUU Children & Youth**

Today, the children and youth will present this adaptation of the story of Adam & Eve found in the book of Genesis in the Hebrew Bible. Written by our own Vanessa Jones, this version is full of humor and thought-provoking ideas.

\*\*Please plan to remain after the service for a Q&A for the congregation. WUU leaders will be on hand to discuss a range of questions in preparation for the vote on September 21st.\*\*

**2:00 pm Conversation on Race-Sanctuary**

Part I: What Color is White?

## Weekly Calendar

### Thursday, September 11

- 10:00 am, Meditation, Sanctuary
- 10:00 am, The Odyssey, Fahs House
- 6:30 pm, Sunday Team Meeting, Fahs House
- 7:00 pm, Laughter Yoga, Sanctuary

### Friday, September 12

- 7:00 pm, Social Justice Campfire and Smores, Outside Sanctuary

### Saturday, September 13

- 10:00 am, Play Dress Rehearsal, Sanctuary

### Sunday, September 14

- 10:00 am, Worship, Sanctuary
- 11:15 am, Congregational Meeting Q&A with WUU Leaders & BOF Committee, Sanctuary
- 2:00 pm, Conversations on Race, Sanctuary

### Monday, September 15

- 10:00 am, Gayle Henion Creative Arts Group, Fahs House
- 7:00 pm, Buddhist Meditation, Sanctuary

### Wednesday, September 17

- 12:00 pm, Pathfinders Book Discussion Group, Fahs House
- 6:00 pm, Finance Committee Meeting, Fahs House
- 7:30 pm, Choir Rehearsal, Sanctuary

### Thursday, September 18

- 10:00 am, Meditation, Sanctuary
- 7:30 pm, Leadership Team Meeting, Fahs House

- 10:00 am, Meditation, Sanctuary
- 7:30 pm, Leadership Team Meeting, Fahs House

[View the entire WUU Calendar Here](#)

## Next Sunday: September 21, 2014

**9:15 am and 11:15 am**  
**Beginning of 2 Full Services**  
**"We Have What We Need"**  
**Rev. Jennifer Ryu**

In the Jewish tradition, there are no petitionary prayers during the Sabbath. That means we do not focus on what we don't have. We don't ask for what we want or need. Instead, we pay attention to all that we do have. Simple gifts, then, fill us with great satisfaction.

**10:30 am, Congregationl Vote, Sanctuary**

Today voting members of the congregation (those that have signed the WUU Membership Book **and** made a financial pledge for the current fiscal year) will be invited to vote on the next step in Building Our Future. Please make your voice heard in this important decision.

## Social Justice



**Tomorrow (Friday) Night - Campfire, Smores and WV Trip Memories**

Come out to our Friday, September 12<sup>th</sup> Campfire **at 7pm**. We'll sit outside as the sun goes down and entertain you with photos and memories from the West Virginia service trip, live performances, a real campfire with campfire songs, and lots of s'mores.





### **FISH (FISH is our local community's food & clothing pantry)**

It's time for school again! Children are getting school meals soon.

For September let's stock FISH shelves with canned meats such as Treet, Spam and tuna. and.....with some hearty casseroles, some canned soups and noodles and rice!

Thank you for your constant generosity; the need is great!

And a reminder, we will be collecting NEW socks and underwear for all ages later in the fall. You may see some sales and pick up now, as they are a little expensive.

## **BOF Important Upcoming Dates**

Please mark your calendar to save the date and plan to attend these important meetings:

- **September 14:** Q&A for the Congregation. WUU leaders will be on hand to discuss a range of questions in preparation for the vote on the 21st
- **September 21:** Congregational Vote to proceed with phase 1

## **Caring Committee**

Please contact [caringchair@wuu.org](mailto:caringchair@wuu.org) if you know of a member of the Congregation in need of support, or if you are in need of support.

## **Nominating Committee**

### **Nominating Committee Season Gets Underway**

The WUU Nominating Committee for this upcoming church year consists of Heather Scully, Susan Pauley and Fred Gilbertson.

The Nominating Committee serves the church by identifying and nominating candidates for service to the congregation for the following boards/committees: Board Of Trustees

Susan Pauley and Fred Gilbertson.

The Nominating Committee serves the church by identifying and nominating candidates for service to the congregation for the following boards/committees: Board Of Trustees, Committee on Right Relations, Endowment Committee, WUU Board, and the Nominating Committee.

Please consider whether you have aspirations of leadership in the imminent future of our beloved congregation, and whether you have ideas about others who you would wish to see hold positions of leadership. Please mention to Nominating Committee members your level of interest and your ideas about others who you wish to be considered.

The Nominations Committee is charged with providing to the congregation a slate of candidates in time for the Annual Meeting in early 2015.

Questions? Please contact Fred Gilbertson, Nominating Committee Chair  
[fredgilbertson@msn.com](mailto:fredgilbertson@msn.com).

## Other News

### **Sunday Team Meeting, Tonight at 6:30pm-Fahs House**

Would you like to get involved at WUU without a lot of time committment? The Sunday Morning Teams are looking for helpers for 1 service per month. Want to know more? Come the our meeting tonight at 6:30pm in Fahs House. If you can't make it email Linda Tang at [lztang1@gmail.com](mailto:lztang1@gmail.com) or call her at 757-645-4401.

### **Laughter Yoga Begins September 11TONIGHT (no class on September 25)**

Come get your funny on with Stacey Felipe, Certified Laugha Yoga Leader, in the Sanctuary every 2<sup>nd</sup> and 4<sup>th</sup> Thursday at 7pm. Have you heard that laughter is the best medicine? Come find out why and play hilarious games. No requirement to be funny. Laughing reduces pain, risk for heart attacks, anxiety, depression, stress and inflammation. It improves happiness, confidence, creativity, mental clarity, and the immune system. The best part is witnessing the transformations and connections with people.

No experience needed, all adults are welcome regardless of physical limitations. If you are willing and able to lay on the floor then bring a comfy cozy blanket. For more information, please visit [www.ssinterconnectedwellness.com](http://www.ssinterconnectedwellness.com) or call 757-525-3388.

### **The Third Wednesday Pathfinders Book Group**

Our next book discussion will be on September 17 at noon in Fahs House. Bring a lunch and be ready to discuss "The Lone Ranger and Tonto Fistfight in Heaven" by Sherman Alexie.

We welcome new members and ideas of new books to read!

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### Last week To Join the WUU Team for the United Way Day of Caring

**Friday, September 19, 2014**

Teams from throughout the Williamsburg area will spend a day giving back to the local community. Projects include landscaping, home repair, trail maintenance, painting, cleaning, organizing, and gardening. There will be a kick-off breakfast at 7:30 am at Legacy Hall with food, drinks, games, t-shirts, and entertainment for all the volunteers. Our WUU Team will go from there to our designated service project site. WUUs (and friends!) of all ages are welcome to come out and work together on this fun day!

To join the team, please contact Jess Hench at [jesshench@gmail.com](mailto:jesshench@gmail.com) or 804-339-3500.

## Upcoming Events

- **September 11:** 7pm, Laughter Yoga, Sanctuary
- **September 12:** 7pm, Social Justice Campfire, Sanctuary and Outside
- **September 14:** 11:00 am, Informational Session on design, fundraising, & finance, with discussion.
- **September 17:** 12pm, Third Wednesday Pathfinders Book Group, Fahs House
- **September 19:** United Way Day of Caring
- **September 21:** 10:15, Congregation meeting to vote on proceeding with Design of Phase One of Master Plan and a Capital Campaign
- **September 28:** 12:30 pm, Rainbow Potluck, Fahs House

## Links



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[WUU Website](#)  
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