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Williamsburg Unitarian Universalists

A Welcoming, Worshiping, Witnessing Community

The Spiral October 9, 2014

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This Sunday at WUU: October 12, 2014

9:15am & 11:15am

Rev. Jennifer Ryu

"A School for Wisdom & Service"

All-Ages Worship Service: Austen Petersen's Installation

45-Minute Service

Today we formally install Austen as our Director of Religious Education. There will be lots of music and storytelling as we consider the purpose of our programs for children and youth.

12:15 am, Meet the Minister, Library

12:30 pm, Visiting Stewards Training, Sanctuary

2:00 pm, Conversation on Race, Fahs House

Weekly Calendar

Thursday, October 9

- 10:00 am, Meditation, Sanctuary
- 11:00 am, The Odyssey, Fahs House
- 7:00 pm, Laughter Yoga, Sanctuary

Friday, October 10

- 6:00 pm, Social Justice Potluck-Kenya Night, Sanctuary

Saturday, October 11

- 9:00 am, Grounds Day, Outside at WUU
- 9:30 am, Social Justice Council Meeting, Fahs House

Sunday, October 12

- 9:15 am, Worship, Sanctuary
- 11:15 am, Worship, Sanctuary
- 12:15 am, Meet the Minister, Library
- 12:30 pm, Visiting Stewards Training, Sanctuary
- 2:00 pm, Conversation on Race, Fahs House

Monday, October 13

- 2:00 pm, Conversation on Race, Fahs House

Monday, October 13

- 10:00 am, Gayle Henion Creative Arts Group, Fahs House
- 7:00 pm, Buddhist Meditation, Sanctuary

Tuesday, October 14

- 7:00 pm, Worship Team, Fahs House

Wednesday, October 15

- 12:00 pm, Third Wednesday Pathfinders Bookgroup, Fahs House
- 4:00 pm, Board Governance Committee Meeting, Parker House
- 6:00 pm, Finance Committee Meeting, Fahs House
- 7:30 pm, Choir Rehearsal, Sanctuary

Thursday, October 16

- 10:00 am, Meditation, Sanctuary
- 7:30 pm, Leadership Team Meeting, Fahs House

[View the entire WUU Calendar Here](#)

Next Sunday: October 19, 2014

9:15am & 11:15am
Rev. Jennifer Ryu
"The Truth about Beauty"

The truth about beauty is that it can be found anywhere--even in midst of unimaginable evil or deepest despair. David Hamilton and Renee Kingan bring their musical gifts to this service.

Social Justice

10/10 Kenya Night Potluck

Join us at 6pm for a potluck and program about the work that Camilla Buchanan and Debra Hill have been doing in Kenya with the Maasai American Organization (<http://www.maasaiamerican.org>), working to improve health and education in the Maasai Mara region of Kenya. The Dream Shop of Eastern State Hospital will have African crafts available for sale.



The Shelves are Bare and Donations are in Great need at FISH (our local food pantry)

For Fish during the month of October let's do breakfast items: cereals hot and cold (small to medium sizes) and individual boxes, juice, breakfast bars, pancake mix...non perishables items of course. Please look for the Red Wagon to put your items in.

Again this year, we will be collecting NEW socks and underwear (all sizes) for the holiday. Our church has always been a good friend to Fish and they continue to appreciate all of our contributions.

Religious Education

This week is an All-Ages worship service. We will all worship together at a 45-minute service filled with songs and storytelling.

A Reminder

YRUU generally meets downstairs in Parker house, but there will be **NO MEETING** this Sunday October 12.

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Caring Committee

Please contact caringchair@wuu.org if you know of a member of the Congregation in need of support, or if you are in need of support.

Building Our Future Gala

The Capital Campaign Team invites our WUU family and friends, both children and adults, to a Gala Event to celebrate the decision to expansion of our facilities.

- Tapas/small plate buffet courtesy of the Capital Campaign Team
- Short program featuring our children, the Building Our Future teams, and you!
- CASH BAR

When: Saturday, November 8, 6-9 PM

Where: Williamsburg Hellenic Center
4900 Mooretown Road

RSVP: Will be accepted until October 19 to Ellyn Stephens

office@wuu.org

757-220-6830 office@wuu.org

Need a ride? Let Ellyn know when you RSVP

Other News

Grounds Day(s) Saturday, October 11 and Monday, October 14--9:00 am

Join us to help beautify our grounds. Please bring your hand tools, wheelbarrows and shovels. There will be plenty of work to do--from pulling weeds to moving mulch. On Columbus Day, there will be work near parking areas (many of those are used on Saturday). Questions, please contact Dave Banks at dfbanks@earthlink.net.

Laughter Yoga

Come get your funny on with Stacey Felipe, Certified Laugha Yoga Leader, in the Sanctuary every 2nd and 4th Thursday at 7pm--our next meeting is on October 9. Have you heard that laughter is the best medicine? Come find out why and play hilarious games. No requirement to be funny. Laughing reduces pain, risk for heart attacks, anxiety, depression, stress and inflammation. It improves happiness, confidence, creativity, mental clarity, and the immune system. The best part is witnessing the transformations and connections with people.

No experience needed, all adults are welcome regardless of physical limitations. If you are willing and able to lay on the floor then bring a comfy cozy blanket. For more information, please visit www.ssinterconnectedwellness.com or call 757-525-3388.

Third Wednesday Pathfinders Book Group

The next meeting of the third Wednesday Pathfinders Book Group is on October 15th at 12:00 Noon in Fahs House. This month's book is: "My Garden (Book)" by Jamaica Kincaid.

Upcoming Events

- **October 10:** Social Justice Event, Kenya Night
- **October 11 & 13:** Grounds Day(s)
- **October 26:** Rainbow Potluck
- **November 8:** Building Our Future Gala Event

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Links



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