

Our Programs

Our programs are focused on achieving results that translate into new skills for home, school, or work. Dream Catchers' certified professionals create lesson plans that focus on measurable objectives and include engaging activities to assist our participants in meeting their short term, long term, and life goals.

Therapeutic Riding provides mounted activities for the purpose of contributing positively to the cognitive, physical, emotional, and social well-being of individuals with special needs. Therapeutic benefits include increased muscle strength, balance, coordination, motor skills, communication, self-confidence, self-esteem, and independence.

Therapeutic Horsemanship provides un-mounted activities that focus on teaching participants various equestrian skills while improving their cognitive, emotional, social, and behavioral skills.

Equine Assisted Learning is an experiential learning approach, which promotes the development of life skills. This focus on life skills can be related to academic achievement and classroom behavior, personal growth and exploration, or professional pursuits such as leadership development, team building, and executive coaching.

Speech Therapy is a treatment strategy utilized by a licensed Speech-Language Pathologist that incorporates the use of the horse's movement to facilitate a specific treatment outcome.

Mental Health Services that are individual or group based help to foster an organic approach to helping participants reach their clinical goals. These services include an art therapy program, and are provided by Licensed Mental Health Professionals and Equine Specialists in Mental Health and Learning.

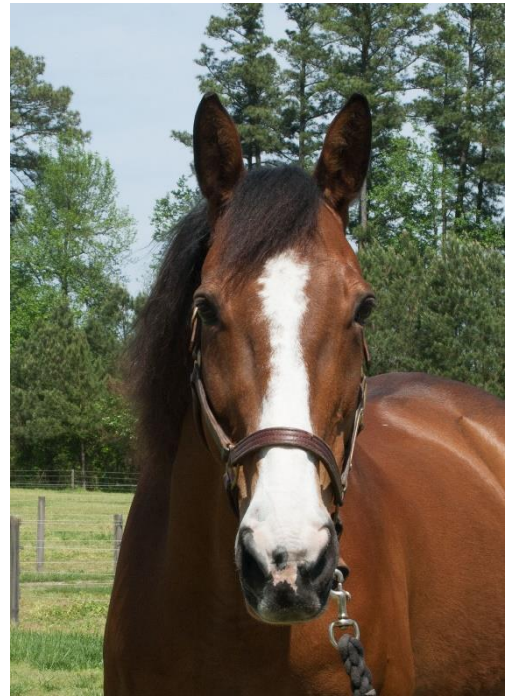
Professional Retreats customized to the needs of your organization to include leadership development, team building, professional development, and other timely topics using the intuitive nature of horses to promote self-discovery are offered.

Community Health & Wellness programs are designed to provide unique and exciting opportunities, such as EQUESTRIYOGA, adult horsemanship classes, and equine assisted Care-for-the-Caregiver services, and are open to the general public.

School Groups customized to the needs of children from a public or private school can be created.

Summer Camps are offered for children as inclusion camps that are open to the public as well as our participants. In addition, private camp weeks can be developed as contracts with an organization or business. These camps are customized based on the learning objectives and criteria provided to us. Examples include grief camps and camps for youth at risk.

Professional Education such as Professional Association of Therapeutic Horsemanship Intl. approved workshops, as well as other continuing education of EAAT professionals, is offered.



Dream Catchers at the Cori Sikich Therapeutic Riding Center
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